



**Your smile is your first impression —
make sure you lead with a good one.**

What you eat, what you drink, what
you smoke, what you chew — it all has
an impact on your oral health.

**When you smoke, chew or vape,
it causes:**

- **YELLOWING**
- **DECAY**
- **GUM DISEASE**
- **LOSS OF TEETH**
- **ORAL CANCERS**

It's not a good look.

**WATCH
YOUR MOUTH,
SOUTH DAKOTA.**

**Ready to quit and stay quit?
Talk to the SD QuitLine today.**

**SOUTH DAKOTA
QUITLINE**

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