

Quit & Educational Kit Information

What's the difference between a quit and educational kit?

- **Educational Kits** include items that provide prevention and cessation education to whom it is being delivered in an effort to spread knowledge and awareness. This may include but is not limited to brochures, business cards, pamphlets, activity worksheets, etc.
- **QuitKits** are for someone who is ready to quit tobacco use. Items are targeted towards educating someone on how to help, where they can get assistance, and tools that can help them throughout their quitting process, if not until they can get professional help.

What information is required for kits when applying?

If you are creating a QuitKit and/or Educational Kits throughout your application, you will be required to fill out this section of the application. Required information includes:

- Identify if QuitKit or Educational Kit
- Identify which Goal Area(s) and Activity Number(s) does this kit applies.
- Intended Recipients
- Number of Estimated Hours –Hours are associated with assembling and delivering of kits.
- Estimated Number of Kits
- Items & Quantity for Kits
- Cost per Kit - The maximum dollar amount to request per Kit is \$8.
- Special Notes (not required) – if the hours identified go over the 15% total guidance, you may justify here. This could include if you do more than just assemble and deliver kits. For example, holding an educational meeting with clinic staff to learn about the kits.

What type of items can be put into kits?

Below is a general list of items that could be included into a quit or educational kit. Any incentive item that is being purchased must have a tobacco prevention or cessation message on it. Remember – each kit can only cost up to \$8

- Fidget or sensory items
- Rubber bracelets
- Activity sheets
- Items to complete educational activities
 - i.e. Ziplock bags, deck of cards, crayons, markers, different size straws, dixie cups, ream of paper, balloons, etc. Please ask if you have additional questions for activity items
- Toothpicks
- Quit business cards
- Tobacco window clings
- Chapstick
- Pencils or highlighters
- Stress balls
- Notepads
- Educational materials from SDDOH website
- Cessation information from SDDDOH website

*****Absolutely NO food or Drink of any kind*****

This includes, mints, gum, suckers, hard candies, etc.