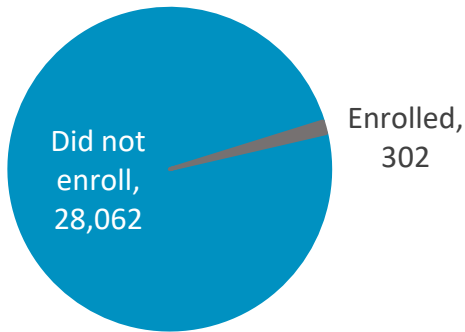


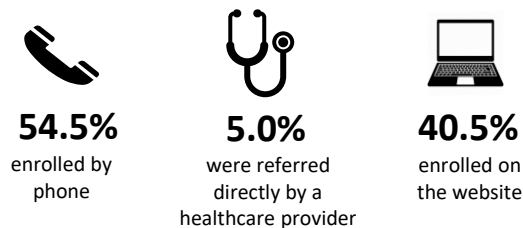
# Tobacco Use Among Native Americans

Nearly half (49.5%) of Native Americans in South Dakota report using tobacco. Native Americans are at higher risk of disease caused by commercial tobacco use, with heart disease and cancer the leading causes of death.

Only 1.1% of SD Native Americans enrolled into SD QuitLine services in 2021.



Most Native Americans using the SD QuitLine enrolled by phone. Just 5.0% were referred by a healthcare professional in 2021.



The SD QuitLine offers a variety of options for quitting. Among Native American adults, the phone service was the most popular option in 2021.



**216**  
Enrollees

**PHONE SERVICE**  
Up to 12 phone coaching sessions, up to 12 weeks of Nicotine Replacement Therapy (NRT), Zyban or Chantix, and a Quit Guide



**78**  
Enrollees

**KICKSTART KIT**  
A two or four-week supply of NRT with a Quit Guide



**5**  
Enrollees

**QUIT GUIDE**  
A self-directed cessation workbook available through online order

Native Americans using the SD QuitLine had a quit rate of 34.3%. This is lower than the quit rate of participants of other races, and higher than the quit rate across national quitlines.

Quit Rate Comparison	
Quit Rate among Native Americans*	<b>34.3%</b>
Quit Rate among All Other Races*	<b>41.8%</b>
National Quit Rate	<b>31.5%</b>

\*Combined 2020 & 2021 data used for quit rate calculation.

To enroll visit  
[www.SDQuitLine.com/enroll](http://www.SDQuitLine.com/enroll)  
or call 1-866-SDQuits!

Tobacco use prevalence among Native Americans was calculated using the US Census Bureau 2021 American Community Survey one-year adult population estimates ([https://data.census.gov/table?t=009&g=0400000US46&y=2021&tid=ACSSPP1Y2021\\_S0201](https://data.census.gov/table?t=009&g=0400000US46&y=2021&tid=ACSSPP1Y2021_S0201), Race and Ethnicity Filter American Indian and Alaska Native alone or in combination): 57,300 and adult tobacco use rate of 49.5% among adult Native Americans (2017-2021 SD Behavioral Risk Factor Surveillance Survey data, combined cigarette, smokeless tobacco, and e-cigarette use rate per Mark Gildemaster, Director, Office of Health Statistics, <https://doh.sd.gov/statistics>.) National quit rate from the North American Quitline Consortium 2021 Annual Survey of Quitlines at <https://www.naquitline.org/page/2021survey>.

This report was produced in the Population Health Evaluation Center at South Dakota State University through a cooperative agreement with the SD Department of Health. Additional information on the SD QuitLine service is available from the Tobacco Control Program at (605) 773-3737.