



South Dakota Department of Health
Quitline Promotion | 30s
Nov. 7, 2022

AUDIO

Voiceover: Practice makes perfect.

Voiceover: Quitting a bad habit doesn't always happen overnight.

Voiceover: And quitting smoking is bigger than getting more years back on your life. It's getting more **good** years back.

Voiceover: It's the difference between quality time with your grandkids, and sitting out activities to catch your breath.

Voiceover: It's the difference between traveling the world in your retirement, and being saddled with an oxygen tank.

Voiceover: It's about really living—rather than getting by.

More Good Years.
MoreGoodYears.org



South Dakota Department of Health
Quitline Promotion | 15s
Nov. 7, 2022

AUDIO

Voiceover: Living and thriving are two very different things.

Voiceover: When you quit tobacco use, you're giving yourself a chance.

Voiceover: You're not just giving yourself more years — you're giving yourself more **good** years.

Voiceover: Don't miss a moment of good.

More Good Years.
MoreGoodYears.org