

South Dakota Department of Health

Tobacco-Free K-12 Policy Evaluation Guide

The attached guide and rubric serve as an internal scoring tool for secondary institutions to evaluate their existing tobacco-free policies in their respective districts. The resource closely mirrors tools referenced and adapted by South Dakota State University's 2015 policy evaluation guide¹ and follows close consideration provided by the Centers for Disease Control².

The K-12 policies were evaluated in comparison to the recommended model policy provided by the South Dakota Department of Health. These policies were made in collaboration with feedback from the Mitchell Hamline School of Law and various community partners. The overall policy score was then determined by taking the sum of all sections and dividing by 5, with 5 being the maximum score given to a policy.

To access the South Dakota Department of Health's recommended tobacco-free policies, please visit https://quittobaccosd.com/resources/advocacy-tools/policy-support-materials.

For more information or permission to use this attached guide, please contact Hilary Larsen (<u>Hilary.Larsen@state.sd.us</u>).

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¹ https://goodandhealthysd.org/wp-content/uploads/2013/08/HealthcareModelTFPolicyAssessmentTool.pdf

² https://www.cdc.gov/tobacco/stateandcommunity/tobacco-control/pdfs/evaluation_toolkit.pdf





Tobacco-Free K-12 Policy Evaluation Guide

School District Name/Code:		Date:	Scorer: _	OVERA	LL :/20
Section A. Product Covera	ige				
A1. E-cigarette/vapes?	YES or NO	A2. Synthetic nicotine?	YES or NO	A3. Smokeless tobacco?	YES or NO
A4. Traditional tobacco ex	ceptions? YES or NO	A5. Cessation product exce	eptions? YES or NO		
				SE	CTION: / 5

Section B. Facilities				
B1. All school grounds?	YES or NO	B2. School vehicles?	YES or NO	B3. Students, staff, and visitors?
				YES or NO
B4. Off-campus/school-sponsored		B5. Personal vehicles on s	school grounds?	
events? YES or NO			YES or NO	
				SECTION: / 5

Section C. Consequences		
C1. Consequences clearly listed?	C2. Chemical education offered?	C3. Notification of parents/guardians?
YES or NO	YES or NO	YES or NO
C4. Alternative to suspension?	C5. Referral to SD Quitline, or another	
YES or NO	appropriate cessation tool? YES or NO	
		SECTION: /5





Section D. Communication/Implementation					
D1. General communication of policy?	D2. Signage about policy?	D3. Available in student handbook?			
YES or NO	YES or NO	YES or NO			
D4. Designates individual/office	D5. Revised within past five (5) years?				
responsible for policy? YES or NO	YES or NO				
		SECTION: / 5			

Section E. Other Considerations – NO POINTS ASSIGNED					
E1. Does the policy require staff training E2. Does the policy prohibit marketing E3. Does the policy prohibit tobac					
on enforcement and how to support	and advertising from tobacco companies	waste on school grounds?			
students in cessation	in their district?	YES or NO			
efforts?	YES or NO				
YES or NO					

STRENGTHS

WEAKNESSES





SECTION SCORING SPECIFICS & EXPLANATIONS

Section A: Product Coverage

Section A. Product Coverage						
A1. E-cigarette/vapes?	YES or NO	A2. Synthetic nicotine?	YES or NO	A3. Smokeless tobacco?	YES or NO	
A4. Traditional tobacco exceptions?		A5. Cessation product exce	ptions?			
YES or NO			YES or NO			
				SEC	TION: / 5	

Rationale:

This section assesses the comprehensiveness of the policy in addressing various tobacco and nicotine products. Effective tobacco control policies should clearly define the scope of regulated products to avoid loopholes and ensure consistency in enforcement. A strong policy should cover a broad range of products, including emerging nicotine delivery systems and exceptions for cessation products where applicable.

Instructions:

For each product category, indicate **YES** if the policy explicitly includes it and **NO** if it does not.

- A1. E-cigarette/vapes: Does the policy regulate e-cigarettes and vaping devices?
- A2. Synthetic nicotine: Does the policy cover synthetic/analog nicotine used in products like pouches or lozenges?
- A3. Smokeless tobacco: Does the policy include products like chewing tobacco, snus, and dissolvable tobacco?
- A4. Traditional tobacco exceptions: Does the policy make exceptions for specific traditional tobacco products (e.g., ceremonial or cultural use)?
- **A5. Cessation product exceptions:** Does the policy exclude FDA-approved cessation products (e.g., nicotine patches, gum, lozenges) from restrictions?

Each "YES" answer earns 1 point, with a total possible score of 5 points.





Section B: Facilities

Section B. Facilities				
B1. All school grounds?	YES or NO	B2. School vehicles?	YES or NO	B3. Students, staff, and visitors?
				YES or NO
B4. Off-campus/school-sponsored		B5. Personal vehicles on s	school grounds?	
events?	YES or NO		YES or NO	
				SECTION: / 5

Rationale:

This section evaluates the extent to which the policy applies to different school-related environments. A strong tobacco-free policy should cover all school grounds, vehicles, individuals on campus, and events, ensuring a consistent and enforceable standard for a tobacco-free environment.

Instructions:

Review the policy and determine whether it explicitly includes each facility or situation. Mark "YES" if the policy prohibits tobacco use in the specified area or for the specified group, and "NO" if it does not.

- **B1. All school grounds:** Does the policy prohibit tobacco use on all school property, including buildings, outdoor spaces, and playgrounds?
- B2. School vehicles: Does the policy apply to school buses and other school-owned or operated vehicles?
- **B3. Students, staff, and visitors:** Does the policy apply to everyone on school grounds, including students, employees, and visitors?
- **B4. Off-campus/school-sponsored events:** Does the policy extend to school-sponsored activities held off-campus, such as field trips, athletic events, or extracurricular activities?
- **B5. Personal vehicles on school grounds:** Does the policy prohibit tobacco use inside personal vehicles while on school property?

Each "YES" response earns 1 point, for a maximum of 5 points in this section.





Section C: Consequences

Section C. Consequences		
C1. Consequences clearly listed?	C2. Chemical education offered?	C3. Notification of parents/guardians?
YES or NO	YES or NO	YES or NO
C4. Alternative to suspension?	C5. Referral to SD Quitline, or another	
YES or NO	appropriate cessation tool? YES or NO	
		SECTION: /5

Rationale:

This section evaluates whether the policy outlines clear and supportive consequences for violations. A strong policy should prioritize education and cessation support over punitive measures, ensuring students receive the necessary resources to quit rather than just facing punishment. For more information on supported alternative to suspension programs, please review the South Dakota Department of Health model policy for K-12 Institutions.

Instructions:

Review the policy to determine whether it includes each of the following components. Mark "YES" if the policy explicitly includes the measure and "NO" if it does not.

- **C1. Consequences clearly listed:** Does the policy clearly outline the consequences for violations, ensuring consistency in enforcement?
- C2. Chemical education offered: Does the policy provide educational programs about the risks of tobacco and nicotine use?
- **C3. Notification of parents/guardians:** Does the policy require that parents or guardians be informed when a student violates the tobacco policy?
- **C4. Alternative to suspension:** Does the policy include disciplinary options other than suspension, such as educational interventions or counseling?
- **C5. Referral to SD Quitline or another cessation tool:** Does the policy direct violators to evidence-based cessation resources, such as the SD Quitline or similar support programs?

Each "YES" response earns **1 point**, for a maximum of **5 points** in this section.





Section D: Communication/Implementation

Section D. Communication/Implementation					
D1. General communication of policy?	D2. Signage about policy?	D3. Available in student handbook?			
YES or NO	YES or NO	YES or NO			
D4. Designates individual/office	D5. Revised within past five (5) years?				
responsible for policy? YES or NO	YES or NO				
		SECTION: /5			

Rationale:

A well-written policy is only effective if it is clearly communicated, accessible, and regularly updated. This section assesses whether the policy is properly communicated to students, staff, and visitors, as well as whether there is accountability for its enforcement and regular review.

Instructions:

Review the policy and determine whether it includes each of the following elements. Mark "YES" if the policy explicitly includes the measure and "NO" if it does not.

- **D1. General communication of policy:** Is the tobacco policy actively communicated to students, staff, and visitors (e.g., through meetings, announcements, or other means)?
- **D2. Signage about policy:** Are signs posted around school grounds to clearly indicate that tobacco use is prohibited?
- D3. Available in student handbook: Is the policy included in the student handbook or another easily accessible resource?
- **D4. Designates individual/office responsible for policy:** Does the policy specify who is responsible for enforcing and overseeing its implementation (e.g., a specific administrator or office)?
- **D5. Revised within past five (5) years:** Has the policy been updated within the last five years to reflect current best practices and emerging tobacco/nicotine trends?

Each "YES" response earns **1 point**, for a maximum of **5 points** in this section.