

## Watch Your Mouth Dental Campaign Radio :30

What you eat... what you drink... what you smoke... what you chew — it all has an impact on your oral health. When you choose to smoke, chew, or vape tobacco, your mouth could get hit with yellowing, decay, gum disease, tooth loss and even oral cancer. Your smile is your first impression — make sure you lead with a good one. Tobacco isn't a good look. Watch your mouth, South Dakota. Visit [SDQuitline.com](http://SDQuitline.com) to start your quit today. Paid for by the South Dakota Department of Health.