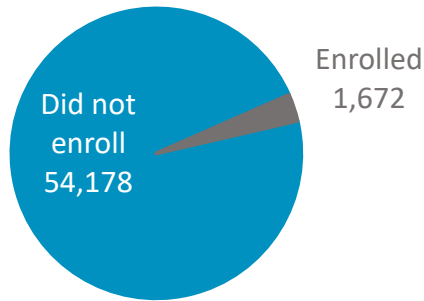


# Tobacco Users with a Behavioral Health Condition

One-third (34.1%) of South Dakota adults with a behavioral health condition (BHC) use tobacco. Due to higher rates of tobacco use, adults with a BHC have an overall lower age of death, five years earlier than those without a BHC, often from tobacco-related diseases such as heart disease, cancer and lung disease.

Only 3.0% of SD adult tobacco users with a BHC enrolled into SD QuitLine services in 2021.



The SD QuitLine offers a variety of options for quitting. Among adults with a BHC, the phone service was the most popular option in 2021.



**PHONE SERVICE**  
Up to 12 phone coaching sessions, up to 12 weeks of Nicotine Replacement Therapy (NRT), Zyban or Chantix, and a Quit Guide



**314**  
Enrollees

**KICKSTART KIT**  
A two or four-week supply of NRT with a Quit Guide

Most SD QuitLine participants with a BHC enrolled by phone. Just 4.0% were referred by a healthcare professional in 2021.



**67.2%**  
enrolled by phone



**4.0%**  
were referred directly by a healthcare provider



**28.8%**  
enrolled on the website

Adults with a BHC had a quit rate of 36.6%. This is lower than the quit rate of SD QuitLine participants without a BHC, and higher than the quit rate across national quitlines.

| Quit Rate Comparison                       |              |
|--|--------------|
| Quit Rate among Adults with BHC*           | <b>36.6%</b> |
| Quit Rate among Adults <u>without</u> BHC* | <b>46.3%</b> |
| National Quit Rate                         | <b>31.5%</b> |

\*Combined 2020 & 2021 data used for quit rate calculation.

To enroll visit  
[www.SDQuitLine.com/enroll](http://www.SDQuitLine.com/enroll)  
or call 1-866-SDQuits!